

ALLERGEN REPORT	Allergens													
	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts*	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide
Menu Complet														
Traditional English Breakfast	Y							Y	Y	Y				Y
Croque Monsieur	Y							Y		Y		Y		
Scrambled eggs on toasted sourdough	Y								Y	Y				
Scrambled eggs on toasted sourdough with smoked salmon	Y			Y					Y	Y				
Toast et champignons	Y									Y	Y			Y
Avocado on toast – no eggs	Y													
Avocado on toast with eggs	Y								Y					
Eggs Benedict	Y								Y	Y			M	Y
Eggs Royale	Y			Y					Y	Y			M	Y
Plain omelette									Y	Y				
Smoked ham and cheese omelette									Y	Y				
Mushroom and spinach omelette									Y	Y				
Smoked salmon and dill omelette				Y					Y	Y				

* Tree Nuts = Almonds, Hazelnuts, Walnuts, Cashew nuts, Pecan nuts, Brazil nuts, Pistachios, Macadamia/Queensland nut

Y = Dish contains allergen M = Dish may contain allergen

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Lighter Breakfast														
Pain aux raisins	Y						M		Y	Y				
Crossiant	Y							Y	Y	Y			Y	Y
Pain au chocolat	Y						M	Y	Y	Y				
French bread and butter	Y								Y				M	
Granola, yogurt and berries	Y						Y			Y				
Bistrot crêperie – Chocolate	Y						M	Y	Y	Y				
Bistrot crêperie - Toffee and banana	Y				M		Y		Y	Y				
Bistrot crêperie – Maple syrup	Y								Y	Y				
Bistrot crêperie - Mixed berry compôte	Y								Y	Y				
Bistrot crêperie - Lemon	Y								Y	Y				
Bacon brioche	Y								Y	Y			Y	
Bacon and egg brioche	Y								Y	Y			Y	
Sausage brioche	Y								Y	Y			Y	Y

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Sausage and egg brioche	Y									Y	Y			Y	Y
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Sides															
Pork and herb sausage	Y									Y					Y
Grilled field mushroom															
Grilled tomato															
Stornoway black pudding	Y														
Grilled back bacon															

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